

katie o'brien

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KEY SKILLS

Team work: Strong conflict resolution, listening, clarifying, and responding skills; capable of facilitating comfortable interaction between people of different backgrounds.

Effective communication: Presents and explains information clearly; proficient in social media platforms (Facebook, Twitter, MailChimp, Hootsuite); bilingual (French, English).

Computer experience: Proficient with statistical software (Stata, Microsoft Excel), word processing programs (OpenOffice, Microsoft Office, Prezi), design software (InDesign, Photoshop, Canva), and coding languages (X/HTML, CSS, Tcl/TK, R).

EDUCATION

Diploma of Social Work (In Progress) 2016 - present
Mount Royal University, Calgary, Alberta; GPA: 3.9/4.0

Bachelor of Arts in Sociology, Minor in Biological Sciences 2011 - 2016
University of Calgary, Alberta; GPA: 3.2/4.0

PROFESSIONAL DEVELOPMENT

<i>Child Development Assistant Certificate</i> , Government of Alberta	March 2017
<i>Domestic Violence in Clinical Settings</i> , Women's College Hospital	March 2017
<i>First Responder to Sexual Assault and Abuse Training</i> , AASAS/CCASA	December 2016
<i>Applied Suicide Intervention Skills Training</i> , LivingWorks Inc.	May 2016
<i>Aboriginal Relations Leadership Training</i> , University of Calgary	May 2016
<i>Respect in the Workplace</i> , Respect Group Inc.	March 2016
<i>Bystander Intervention Training</i> , University of Calgary	November 2015
<i>First Aid and CPR Training</i> , Medic First Aid	November 2015
<i>safeTALK: Suicide Alert Helper Training</i> , LivingWorks Inc.	September 2015
<i>Non-Violent Crisis Intervention Training</i> , Crisis Prevention Institute	November 2011
<i>Principles of Healthy Child Development</i> , Parks & Recreation Ontario	June 2011
<i>Diploma of French Studies (B2)</i> , International Centre for French Studies	April 2010

SOCIAL WORK EXPERIENCE

#CalgaryGetsConsent Project Coordinator, Calgary Sexual Health Centre 2017 - present

- Developing and facilitating workshops on bystander intervention, consent, and communication
- Collaborating with city-wide community partners on diverse initiatives to increase consent awareness
- Developing and managing Calgary Sexual Health Centre's first consent-focused social media campaign

Girls Programs Practicum Student, Women's Centre of Calgary Winter 2017

- Programmed and facilitated leadership programs for girls between the ages of 10-12 and 14-17
- Provided peer support, basic needs resources, and referrals to clients in crisis
- Conducted a cross-agency research project regarding trans and non-binary inclusion policies

LGBTQ2IA+ Sensitivity Educator, University of Calgary 2015 - 2016

- Facilitated sexuality education workshops, facilitating discussion among groups of up to 40 people
- Provided individual and group skill building opportunities to foster understanding of LGBTQ2IA+ issues

Coordinator, University of Calgary Students' Union Campus Food Bank Summer 2015
➤ Coordinated operations, including budget management, assembling hampers, and sorting donations

Coordinator, Q: The SU Centre for Sexual and Gender Diversity, Calgary 2014 - 2016
➤ Hired, managed, trained, scheduled, and supervised a team of over 40 volunteers
➤ Planned and facilitated events for students to increase LGBTQ2IA+ advocacy across campus
➤ Managed the Outlet Project and provided peer support/crisis management to visitors and volunteers
➤ Lead inclusivity training workshops of <200 audience members for students, staff, and faculty members

Peer Support Volunteer, Q: The SU Centre for Sexual and Gender Diversity, Calgary 2012 - 2014
➤ Mentored visitors and fellow volunteers while providing resources on sexuality and gender identity

Summer Camp Leader, TELUS Spark, Calgary Summer 2012
➤ Created and implemented age-appropriate programs for groups of up to 20 children, ages 5-14
➤ Adapted programming to engage children and youth with Down's Syndrome
➤ Worked both independently and as the leader of a team of four camp supervisors

Community Engagement Leader, Boys and Girls Clubs of Calgary 2011 - 2012
➤ Provided quality, outcome-based programs, services, and opportunities for children and youth
➤ Assisted children and youth in utilizing problem solving, conflict resolution, and communication skills
➤ Managed crisis situations effectively using problem solving and de-escalation skills

Summer Day Camp Programmer, Boys and Girls Clubs of Calgary Summer 2011
➤ Supervised groups of up to 30 children, ages 6-14, in week-long daytime summer camps
➤ Developed public speaking and customer service skills to deliver engaging programming
➤ Adapted programming to engage children and youth with Fetal Alcohol Spectrum Disorders

RESEARCH EXPERIENCE

Social Work Research Coordinator, Mount Royal University, Calgary, Alberta 2016 - present
➤ Conducting literature review regarding sexual/gender diversity education in professional programs
➤ Recruiting for and facilitating focus groups of up to 10 undergraduate students

Sociology Undergraduate Research Assistant, University of Calgary, Alberta 2015 - 2016
➤ Transcribed interviews, paying close attention to detail with a high degree of accuracy
➤ Completed assigned and scheduled tasks with limited direct supervision

LEADERSHIP AND COMMITTEE INVOLVEMENT

Youth Action Committee Member, Camp fYrefly, Calgary Sexual Health Centre Summer 2017
➤ Collaboratively organized and planned a four-day retreat for LGBTQ2IA+ youth and allies

Student Representative, Mount Royal University, Calgary 2016 - present
➤ Voicing students' concerns and viewpoints on the Social Work Advisory Committee
➤ Discussing course development plans, as well as issues and trends impacting the profession

President, Social Work Students' Society (3SW), Mount Royal University, Calgary 2016 - present
➤ Collaboratively planning events for social work students at Mount Royal University
➤ Organized and facilitated a practicum credit-approved LGBTQ2IA+ terminology training for students

Committee Member, Students' Association of Mount Royal University, Calgary 2016 - present
➤ Planning and facilitating events and programs to increase LGBTQ2IA+ advocacy across campus
➤ Leading intercampus communication efforts with pride groups at the University of Calgary

- Committee Member*, Project emBODY, Faculty of Social Work, University of Calgary 2015 - 2016
- Collaboratively organized and planned the University of Calgary's Eating Disorder Awareness Week
 - Publicly spoke on the topics of body image, body positivity, fat activism, and eating disorder diversity

ADDITIONAL EXPERIENCE

- Kaleidoscope Project Participant*, University of Calgary Faith and Spirituality Centre 2015 - 2016
- Engaged in critical thinking; developed practical skills to engage across lines of difference
 - Cultivated skills regarding religious and cultural competence in the workplace

SCHOLARSHIPS AND AWARDS	<i>MRU Citizenship Award</i> , Mount Royal University	2017
	<i>Pride Scholarship</i> , Mount Royal University	2017
	<i>Access to the Future Entrance Scholarship</i> , Mount Royal University	2017
	<i>Dean's Honour Roll</i> , Mount Royal University	2016, 2017
	<i>Experiential Learning Fund</i> , Students' Association of Mount Royal University	2016
	<i>Travel and Conference Funding</i> , University of Calgary Students' Union	2015
	<i>Dean's List</i> , University of Calgary	2012
	<i>Jason Lang Scholarship</i> , Government of Alberta	2012
	<i>President's Entrance Scholarship</i> , University of Calgary	2011, 2012
	<i>Alexander Rutherford Scholarship</i> , Government of Alberta	2011
	<i>Lifetime Honours Society Member</i> , William Aberhart High School	2011

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- PUBLICATIONS** Oliver, B., Van Tassel, B., Carter, R., Ferguson, M., O'Brien, K., El Hussein, M., Pearl, C. (2017). *Creating a culture of respect: Delivering gender and sexual diversity curriculum to post-secondary students in the helping professions*. The International Society for the Scholarship of Teaching and Learning Conference, Calgary, Alberta.
- O'Brien, K. (2017). *Allyship is dead: On the importance of active solidarity*. Office of Diversity, Equity, and Protected Disclosure's Diversity Week 2017, Calgary, Alberta.

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- INTERESTS** **Choral singing:** Active member of Spiritus Chamber Choir, section lead at the Cathedral Church of the Redeemer, and alumnus of the Ellison Canadian Honour Choir (Toronto, ON, 2013) and the International A Cappella School (Cheltenham, UK, 2014).
- Creative writing:** Published and commissioned free-verse poet.