

katie o'brien

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KEY SKILLS

Team work: Strong conflict resolution, listening, clarifying, and responding skills; capable of facilitating comfortable interaction between people of different backgrounds.

Effective communication: Presents and explains information clearly; proficient in social media platforms (Facebook, Twitter, MailChimp, Hootsuite); bilingual (French, English).

Computer experience: Proficient with statistical software (Stata, Microsoft Excel), word processing and presentation programs (OpenOffice, Microsoft Office, Prezi), design software (InDesign, Photoshop, Canva), and coding languages (X/HTML, CSS, Tcl/Tk, R).

EDUCATION

Diploma of Social Work 2016 – 2018
Mount Royal University, Calgary, Alberta; GPA: 3.95/4.0

Bachelor of Arts in Sociology, Minor in Biological Sciences 2011 – 2016
University of Calgary, Alberta; GPA: 3.2/4.0

AFFILIATIONS

Alberta College of Social Workers, Registered Social Worker (RSW) No. 14544

PROFESSIONAL DEVELOPMENT

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| <i>Advancing Reconciliation in Education</i> , John Humphrey Centre | November 2018 |
| <i>Standard First Aid Level C – CPR/AED</i> , St. John Ambulance | November 2018 |
| <i>Naloxone Training</i> , Safeworks Harm Reduction Program | March 2018 |
| <i>Indigenous Canada</i> , University of Alberta | February 2018 |
| <i>Anti-Racism Workshop Series</i> , Centre for Race and Culture | February 2018 |
| <i>Child Development Assistant Certificate</i> , Government of Alberta | March 2017 |
| <i>First Responder to Sexual Assault and Abuse Training</i> , AASAS/CCASA | December 2016 |
| <i>Applied Suicide Intervention Skills Training</i> , LivingWorks Inc. | May 2016 |
| <i>Aboriginal Relations Leadership Training</i> , University of Calgary | May 2016 |
| <i>Respect in the Workplace</i> , Respect Group Inc. | March 2016 |
| <i>Bystander Intervention Training</i> , University of Calgary | November 2015 |
| <i>safeTALK: Suicide Alert Helper Training</i> , LivingWorks Inc. | September 2015 |
| <i>Non-Violent Crisis Intervention Training</i> , Crisis Prevention Institute | November 2011 |
| <i>Principles of Healthy Child Development</i> , Parks & Recreation Ontario | June 2011 |
| <i>Diploma of French Studies (B2)</i> , International Centre for French Studies | April 2010 |

SOCIAL WORK EXPERIENCE

Youth Programs Facilitator – Sirius, carya, Calgary, Alberta 2018 – present

- Facilitating youth-directed after-school program activities for transgender youth and cisgender girls
- Managing program volunteers, including recruitment, screening, orientation, training, support, and supervision
- Assessing the needs of program participants/families in order to connect them with appropriate resources

- Connecting with community partners to engage youth in community service projects and opportunities
- Sexual Violence Response and Awareness Practicum Student**, Mount Royal University, Alberta Winter 2018
- Developed a volunteer program for the Sexual Violence Response and Awareness program
 - Revised and facilitated trauma-informed Responding to Disclosures of Sexual Violence workshops
- #CalgaryGetsConsent Project Coordinator**, Centre for Sexuality, Calgary, Alberta 2017 – 2018
- Developed and facilitated workshops on bystander intervention, consent, and healthy communication
 - Collaborated with city-wide community partners on diverse initiatives to increase consent awareness
 - Developed and managed the Centre for Sexuality's first consent-focused social media campaign
- Girls Programs Practicum Student**, Women's Centre, Calgary, Alberta Winter 2017
- Programmed and facilitated leadership programs for girls between the ages of 10–12 and 14–17
 - Provided peer support, basic needs resources, and referrals to clients in crisis
 - Conducted a cross-agency research project regarding trans and non-binary inclusion policies
- LGBTQ2IA+ Sensitivity Educator**, University of Calgary, Alberta 2015 – 2016
- Facilitated sexuality education workshops, facilitating discussion among groups of up to 40 people
 - Provided individual and group skill building opportunities to foster understanding of LGBTQ2IA+ issues
- Coordinator**, Students' Union Campus Food Bank, Calgary, Alberta Summer 2015
- Coordinated operations, including budget management, assembling hampers, and sorting donations
- Coordinator, Q**: The SU Centre for Sexual and Gender Diversity, Calgary, Alberta 2014 – 2016
- Hired, managed, trained, scheduled, and supervised a team of over 40 volunteers
 - Planned and facilitated events for students to increase LGBTQ2IA+ advocacy across campus
 - Managed the Outlet Project and provided peer support and crisis management to visitors and volunteers
 - Lead inclusivity training workshops of <200 audience members for students, staff, and faculty members
- Peer Support Volunteer, Q**: The SU Centre for Sexual and Gender Diversity, Calgary, Alberta 2012 – 2014
- Mentored visitors and fellow volunteers while providing resources on sexuality and gender identity
- Summer Camp Leader**, TELUS Spark, Calgary, Alberta Summer 2012
- Lead a team of four camp supervisors and multiple volunteers
 - Created and implemented age-appropriate programs for groups of up to 20 children and youth, ages 5–14
 - Adapted programming to engage children and youth with Down's Syndrome
- Community Engagement Leader**, Boys and Girls Clubs of Calgary, Alberta 2011 – 2012
- Provided quality, outcome-based programs, services, and opportunities for children and youth
 - Assisted children and youth in utilizing problem solving, conflict resolution, and communication skills
- Summer Day Camp Programmer**, Boys and Girls Clubs of Calgary, Alberta Summer 2011
- Supervised groups of up to 30 children and youth, ages 6–14, in week-long daytime summer camps
 - Adapted programming to engage children and youth with Fetal Alcohol Spectrum Disorders

RESEARCH EXPERIENCE

- Social Work Research Coordinator**, Mount Royal University, Calgary, Alberta 2016 – 2018
- Conducted literature reviews regarding sexual and gender diversity education in professional programs
 - Recruited for and facilitated focus groups of up to 10 undergraduate students

Sociology Undergraduate Research Assistant, University of Calgary, Alberta 2015 – 2016

- Transcribed interviews, paying close attention to detail with a high degree of accuracy
- Completed assigned and scheduled tasks with limited direct supervision

LEADERSHIP AND COMMITTEE INVOLVEMENT

Youth Action Committee Member, Camp fYrefly, Calgary Sexual Health Centre, Alberta Summer 2017

- Collaboratively organized and planned a four-day retreat for LGBTQ2IA+ youth and allies

Student Representative, Mount Royal University, Calgary, Alberta 2016 – 2018

- Voiced students' concerns and viewpoints on the Social Work Advisory Committee
- Advocated strongly for a BSW program at Mount Royal University and discussed course development plans

President, Social Work Students' Society (3SW), Calgary, Alberta 2016 – 2018

- Collaboratively planned events for social work students at Mount Royal University
- Organized and facilitated a practicum credit-approved LGBTQ2IA+ terminology training for students

Committee Member, Students' Association of Mount Royal University, Calgary, Alberta 2016 – 2018

- Planned and facilitated events and programs to increase LGBTQ2IA+ advocacy across campus
- Lead intercampus communication efforts with Pride groups at the University of Calgary

Committee Member, Project emBODY, Faculty of Social Work, University of Calgary, Alberta 2015 – 2016

- Collaboratively organized and planned the University of Calgary's Eating Disorder Awareness Week
- Publicly spoke on the topics of body image, body positivity, fat activism, and eating disorder diversity

PUBLICATIONS Oliver, B., Van Tassel, B., Carter, R., Ferguson, M., O'Brien, K., El Hussein, M., Pearl, C. (2017). *Creating a culture of respect: Delivering gender and sexual diversity curriculum to post-secondary students in the helping professions*. The International Society for the Scholarship of Teaching and Learning Conference, Calgary, Alberta.

SCHOLARSHIPS AND AWARDS

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| <i>President's Honour Roll</i> , Mount Royal University | 2018 |
| <i>MRU Citizenship Award</i> , Mount Royal University | 2017 |
| <i>Pride Scholarship</i> , Mount Royal University | 2017 |
| <i>Access to the Future Entrance Scholarship</i> , Mount Royal University | 2017 |
| <i>Dean's Honour Roll</i> , Mount Royal University | 2016, 2017 |
| <i>Experiential Learning Fund</i> , Students' Association of Mount Royal University | 2016 |
| <i>Travel and Conference Funding</i> , University of Calgary Students' Union | 2015 |
| <i>Dean's List</i> , University of Calgary | 2012 |
| <i>Jason Lang Scholarship</i> , Government of Alberta | 2012, 2017 |
| <i>President's Entrance Scholarship</i> , University of Calgary | 2011, 2012 |
| <i>Alexander Rutherford Scholarship</i> , Government of Alberta | 2011 |

INTERESTS

Choral singing: Active member of Spiritus Chamber Choir and alumnus of the Ellison Canadian Honour Choir (Toronto, ON, 2013) and International A Cappella School (Cheltenham, UK, 2014).

Creative writing: Published and commissioned free-verse poet.